



# Earn Your Degree in Human Services

Pursue your passion for helping others.





## Table of Contents

---

Why a Degree in Human Services?	3
Associate vs. Bachelor’s Degree	4
Why Goodwin?	5
Curriculum	6-7
Course Format	8
Student Testimonials	9
Student Resources and Support	10
Financial Aid Information	10



## Jump into a career that truly makes a difference.

When you become a human services professional, you'll play an essential role in maintaining the health and safety of your community. While earning your degree, you'll gain extensive training in counseling, case management, psychology, and sociology to assist individuals suffering from substance abuse disorders, instability in their lives, or mental health issues. The support and encouragement you provide your clients with will give them the hope and skills they need to build a better future for themselves and their families.

At Goodwin University, you can earn your degree in Human Services and start on the path to making a difference in your community. We offer six class starts a year and class schedules are flexible — so you can advance your career on a timeline that works for you. If you want to start changing lives, this program is the perfect choice for your future career!

## Offer support to those who need it most with a degree in Human Services.

### Provide services to our most underserved communities.



The individuals who seek help from human services professionals have often experienced instances of trauma or insecurity during their lifetime. You'll be responsible for conducting intake assessments and establishing professional relationships built on trust and mutual respect. Whether you are intervening in a situation involving children, people experiencing homelessness, or individuals suffering from addiction, you'll act as an advocate for your clients' needs and ensure they feel heard during the rehabilitation process. When society turns a blind eye to our underserved communities, you'll step up and make sure these individuals receive the quality of care they deserve.

### Sharpen your problem-solving skills.

When clients first come to a human services professional, they are often experiencing overwhelming personal struggles. They might be referred to you by another provider with the hope that you can help them work through their troubles and rebuild their lives. Your ability to be an effective problem solver is critical to your success in this role. The individuals in your care often lack the capacity to make choices with clarity due to the difficulties they are experiencing, and it will be your job to provide relevant, actionable solutions. By practicing active listening, staying organized, and referring back to your training, you'll become a trusted resource for your community.



### Gain an immense sense of personal fulfillment.



We all have a purpose in life, and if you find strength in helping others, your work as a human services professional will lead to an incredibly rewarding career. You'll witness the full spectrum of the human experience and follow some clients through many of life's most significant moments. You will be able to walk away with the sense of fulfillment that comes from knowing you have truly impacted someone's life in a positive way. Just as you will leave an impression on your clients' lives, you'll be forever touched by the stories and families you work with every day.



## Earn your degree in one of two ways.

At Goodwin University, you can pursue an **associate** or **bachelor's degree** in Human Services. While the two programs converge on major concepts related to the profession, you'll have the ability to customize your education based on your specific interests and career goals.

### Associate degree program

With an associate degree in Human Services, you'll build on the core competencies that employers are looking for, including performing intakes and assessments, conducting interviews, and understanding individual and group psychology. You'll use these concepts to help others overcome challenges and obstacles in their lives, meaning you'll make a real difference in your community.

An associate degree will set you up for success in the following roles:

- Case manager
- Corrections counselor
- Counselor
- Job coach
- Probation assistant
- Rehabilitation specialist
- Social service specialist
- Youth worker
- And more!

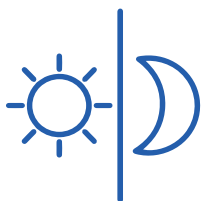
### Bachelor's degree program

A bachelor's degree in Human Services will give you access to more opportunities in the field. A four-year degree will expose you to more in-depth concepts involved in human services, making you eligible for more advanced positions such as probation officers and mental health advocates.

Graduates of our bachelor's in Human Services program often pursue rewarding careers in the following roles:

- Case manager
- Community outreach worker
- Counselor
- Crisis advocate
- Intake and interviewing specialist
- Mental health associate
- Probation officer
- Rehabilitation specialist
- Youth worker
- And more!

# Earn your degree at Goodwin University.



## Flexible schedules

Whether you're working full-time or taking care of your family, we believe that your personal life is just as important as earning your degree. Human Services courses are offered days and evenings with on-campus and online formats available. We also have six class starts per year, so you can earn a degree that fits into your busy lifestyle.



## We put you first.

At Goodwin University, we have a student-centered approach to learning. Our expert faculty are dedicated to giving you the one-on-one attention you deserve, and we offer a wide variety of student resources such as counseling services, financial aid, our Ann B. Clark Co-op, and more. While you're earning your degree, we'll be there to support you every step of the way!



## A focus on career readiness

Pursuing a degree in Human Services can be a pathway to an impactful and fulfilling career — that's why Goodwin University is committed to preparing you for success in your field. We have connections to over 500 human services organizations throughout Connecticut, and our team is committed to helping you secure internships and employment opportunities after you graduate.

# Curriculum

## Associate Degree in Human Services

General Education Core Requirements - 22 Credits		
ENG 101	English Composition	3
ENG 1XX	English Elective	3
MATH 135	Viewing Life Mathematically	3
SCI 1XX	Science w/lab (SCI)	4
PSY 112	Introduction to Psychology	3
PHIL 105	Ethics, Values, and Cultural Competence in Practice	3
	General Education Elective*	3
Programmatic General Education Core Requirements - 9 Credits		
COM 105	Interpersonal Communications	3
SOC 101	Introduction to Sociology	3
PSY 212	Lifespan Development	3
Human Services Major Core Requirements - 21 Credits		
FRESHMAN YEAR		
HSR 101	Introduction to Human Services	3
HSR 105	Community Organization and Advocacy	3
SOPHOMORE YEAR		
HSR 210	Introduction to Research in Human Services	3
HSR 222	Foundations of Helping and Service Delivery	3
HSR 240	Disability, Society, and the Individual	3
HSR 297	Human Services Internship I	3
HSR 298	Human Services Internship II	3
Human Services Electives - 9 Credits		
DIRECTED	Electives	9

**TOTAL CREDITS IN THE PROGRAM: 61**

\*Elective credits may be chosen from any general education course, unless directed by the program. General Education courses contain the following prefixes: ENG, MATH, STAT, CAP, COM, BIO, CHEM, SCI, HIS, HUM, PHIL, SPAN, PSY, and SOC.

## Bachelor's Degree in Human Services

General Education Core Requirements - 28 Credits		
ENG 101	English Composition	3
ENG 1XX	English Elective	3
MATH 135	Viewing Life Mathematically	3
SCI 1XX	Science w/lab (SCI)	4
PSY 112	Introduction to Psychology	3
PHIL 105	Ethics, Values, and Cultural Competence in Practice	3
	General Education Elective*	9
Programmatic General Education Core Requirements - 12 Credits		
COM 105	Interpersonal Communications	3
SOC 101	Introduction to Sociology	3
PSY 212	Lifespan Development	3
ENG 3XX	English Elective	3
Human Services Major Core Requirements - 45 Credits		
FRESHMAN YEAR		
HSR 101	Introduction to Human Services	3
HSR 105	Community Organization and Advocacy	3
HSR 210	Introduction to Research in Human Services	3
HSR 222	Foundations of Helping and Service Delivery	3
SOPHOMORE YEAR		
HSR 240	Disability, Society, and the Individual	3
HSR 297	Human Services Internship I	3
HSR 298	Human Services Internship II	3
HSR 325	Case Management: Principles and Practices	3
JUNIOR YEAR		
HSR 335/SOC 335	Social Welfare Policy	3
HSR 350	Crisis Prevention and Intervention	3
PSY 350	Cross-Cultural Psychology	3
SENIOR YEAR		
PSS 410	Human Trafficking	3
PSY 420	Research Methods	3
HSR 493	Human Services Capstone I	3
HSR 494	Human Services Capstone II	3



Human Services Electives - 15 Credits		
DIRECTED	Electives	15
Electives - 21 Credits		
OPEN	Electives	21

**TOTAL CREDITS IN THE PROGRAM: 121**

\*Elective credits may be chosen from any general education course, unless directed by the program. General Education courses contain the following prefixes: ENG, MATH, STAT, CAP, COM, BIO, CHEM, SCI, HIS, HUM, PHIL, SPAN, PSY, and SOC.

## Course format

We know that you're busy taking care of your personal responsibilities — that's why we offer flexible class schedules. At Goodwin, you can be with the people you love while advancing your career.

Classes are offered days and evenings, with on-campus and online formats available.

- **On-campus classes**

Engaging in in-person training is an essential part of becoming a human services professional. You will develop important interpersonal communication skills that will set you up for success while counseling, interviewing, and educating the public on important issues in the field. By coming to campus and interacting with your peers and faculty members, you'll get the in-person experience you need to thrive in your career.

- **Online classes**

Online classes are perfect if you're working full-time or managing your personal responsibilities. Courses are offered in synchronous and asynchronous sessions.

- ▶ **Synchronous**

Some courses in this program are offered in the form of online, face-to-face meetings with your classmates and faculty. This gives you the opportunity to engage in important conversations and debates regarding your course material. Participating in a synchronous learning session gives you the experience of an in-person class setting without the inconvenience of having to drive to campus.

- ▶ **Asynchronous**

Our asynchronous courses are the perfect way to earn your degree while working around your busy schedule. Asynchronous courses can be completed on your time and don't require any face-to-face meetings, so they're a great fit for the working professional. You'll work independently to complete your assignments and touch base with our faculty along the way to make sure you are getting the support you need.

## Testimonials



“Goodwin’s community stands out above other schools because they do not make you feel like just a number. They encourage every student to succeed to their maximum potential... I cannot speak highly enough about how much I enjoyed each and every professor who crossed my path... Attending Goodwin has tremendously changed my life and navigated me to the profession I am proud to have today.”

**Lauren Attenello, graduate**



“The Human Services program was very rewarding and an eye-opening experience for me. I learned about the origins of the field and its impact in society. In my work, I get to challenge others to push themselves academically and reach new milestones just as I did.”

**Steven Rivas, graduate**



“Goodwin provided me with all the tools to become a leader and advocate for the people I serve..”

**Travis Samuels, graduate**



“The Human Services program taught me that humanity, more than materials deserve to be renewed, revived, and restored. And that I can now help make this happen, by sharing my story, skills, gifts, and talents with the world.”

**Emely Dones, graduate**

## Student resources and support

At Goodwin University, we are invested in the continued success of our students. We believe that you deserve great support services and resources to help you achieve your goals!

### Academic Resources

- Academic Advising
  - Admissions
  - Financial Aid
  - Registrar's Office
- 

### Academic Support

- Academic Success Center
- Library
- Math Lab
- Tutoring

### College Experience

- Clubs and Organizations
  - Student Engagement
- 

### Personal Support Services

- AccessAbility Services
  - Ann B. Clark Co-op
  - Counseling
- 

### Professional Development

- Lifetime Career Services

## Financial Aid information

Paying for college doesn't have to be stressful — we make it easy to understand the costs of your education before classes even begin.

We are committed to helping you earn your degree at a cost that is affordable to you. At Goodwin, there are a variety of financial aid opportunities available to you, including scholarships, grants, student loans that need to be repaid, and work-study opportunities that provide a regular paycheck.

Check out our [financial aid page](#) to find out how Goodwin University can help you pay for your education.



**Contact us today!**

**Call: 800-889-3282**

**Text: 860-467-1511**

**[www.goodwin.edu/humanservices](http://www.goodwin.edu/humanservices)**

Goodwin University is a nonprofit institution of higher education and is accredited by the New England Commission of Higher Education (NECHE), formerly known as the New England Association of Schools and Colleges (NEASC).

©2023 Goodwin University  
One Riverside Drive  
East Hartford, CT 06118