

# LIVING

## FROM THE INSIDE OUT

**Understanding and knowing ourselves internally and expressing that inner self authentically to the world**

One (211) Riverside Drive, East Hartford, Connecticut

### **Wednesday, October 20**

11:30 am to 1 pm, Community Room

Luncheon and Keynote Presentation — Keynote Speaker: Dr. Raouf Mama

1 to 2 pm, Community Room

U Can Make It From Anywhere — Presenter: Joe Young

2 to 2:30 pm, Community Room

Euripides' Tragedy "Hecuba" — Presenter: Prof. Paul LaRocca, J.D.

2:30 to 3:30 pm, Community Room

Gallery Walk — Presenters: Prof. Ann Finateri-Laist, Prof. Paul LaRocca, J.D., Raymond Majerski, M.F.A.

Lobby

Memoir in a Jar

### **Thursday, October 21**

11 am to 12 pm, Community Room

"The Twin Towers and Film" — Presenter: Dr. Randy Laist

12 to 1 pm, Community Room

Life After Trauma: How Students Can Heal — Presenter: Dr. Liz Lane

1 to 2 pm, Community Room

American Gothic Short Story Writers Torn Inside Out — Presenter: Prof. Cynthia J. Murphy

2 to 4 pm, Auditorium

Film Screening and Discussion: "Miss Juneteenth" — Presenter: Dr. Brian Dixon

Lobby

Memoir in a Jar & Community Canvas Painting

### **Friday, October 22**

11 am to 12 pm, Community Room

Grit and Grace: The Stories We Need to Tell Ourselves — Presenter: Dr. Sandi Coyne-Gilbert

12 to 1 pm, Community Room

Social Media: A Reflection of Self — Presenter: Dr. Lisa Wisniewski

1 to 2 pm, Community Room and Auditorium

Lifting as We Climb: The History of Women of Color and Voting Rights — Presenters: Prof. Brittney Yancy and Kathryn Angelica

2 to 4 pm, Community Room

Open Mic Event and Award Presentations — Emcee: Prof. Cynthia J. Murphy

Lobby

Community Canvas Painting

**For more information: Nicole Brewer, [nbrewer@goodwin.edu](mailto:nbrewer@goodwin.edu), or Ellen Swider, [eswider@goodwin.edu](mailto:eswider@goodwin.edu).**

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