



Master of Science in Nursing — Psychiatric Mental Health Nurse Practitioner Program

Jumpstart a rewarding career safeguarding
your patients' wellbeing





Table of Contents

Why Become a PMHNP?	2
Meet the Program Director	3
Preparing for Your Career as a PMHNP	4
Why Choose Goodwin?	5
Course Format	7
Admission Requirements and Curriculum	8
Tuition Information	9
Testimonials	10
Graduate Student Resources and Support	11



Become a trusted resource for individuals struggling with their mental health

As a psychiatric mental health nurse practitioner (PMHNP), you'll implement strategies to improve the wellbeing of your community and educate the public on the importance of comprehensive mental health care. You'll learn to promote healthy lifestyle choices and teach evidence-based strategies for managing stress, all while diagnosing patients, developing individualized treatment plans, and prescribing medications in order to improve your patients' quality of life. In a society that often underestimates the significance of proper mental health care, you will become an advocate for individuals who need support.

At Goodwin University, you can become a PMHNP **in as few as seven semesters part time!**

Our PMHNP program is offered entirely online with the exception of on-campus clinical requirements, so you can work full time while earning your master's degree. If you're looking to start a career that truly makes a difference, our PMHNP program is a great fit for you!

Please note: You must be a licensed registered nurse (RN) with a bachelor's degree in Nursing to qualify for Goodwin University's APRN programs.

Say hello to Program Director Mary Salisbury

Mary Salisbury is a board-certified psychiatric mental health nurse practitioner with a doctorate in nursing from the University of Saint Joseph. She began her career as a registered psychiatric nurse at the University of Connecticut Health Center inpatient unit for five years. Dr. Salisbury earned her BSN at the University of Connecticut and completed her MSN and doctorate at the University of Saint Joseph.

Her doctoral work involved a pilot study and educational model for psychiatric nurse practitioners on first-line treatment of insomnia, including cognitive behavioral therapy for insomnia and education on an easily accessible insomnia severity assessment tool, with the purpose of exploring current prescribing practices of sedatives and hypnotics. Her doctoral work encouraged non-pharmacologic methods for patients with insomnia.

From 2014 to today, Dr. Salisbury has worked as a psychiatric nurse practitioner at the local mental health authority, CHR. Her work centers around serving the adult outpatient population with a focus on young adults, adults with schizophrenia, and individuals with opioid use disorders. In addition to her years of direct patient care, she has mentored and precepted APRN students at the University of Saint Joseph and Wilkes University.

In her most recent career transition, Dr. Salisbury was appointed program director of Goodwin University's MSN program, where she oversees three master's level nursing tracks. Dr. Salisbury is passionate about continued education and the promotion of her colleagues to amplify the nursing profession.



Put your patients' wellbeing first with our PMHNP program



Grow your understanding of core nursing concepts

By pursuing a specialized master's degree in Nursing, you'll sharpen your existing knowledge of the field while developing new insights into how mental healthcare fits into the whole patient-care picture.

Your real-world experience will guide you as you explore patient care through the lens of positive mental healthcare and consider solutions that will empower your community. You worked hard to earn your bachelor's degree — now it's time to build on those skills.



Become the first line of defense in times of crisis

While your day-to-day responsibilities will revolve around mental health maintenance, there will be instances when you must step up and intervene in times of patient distress.

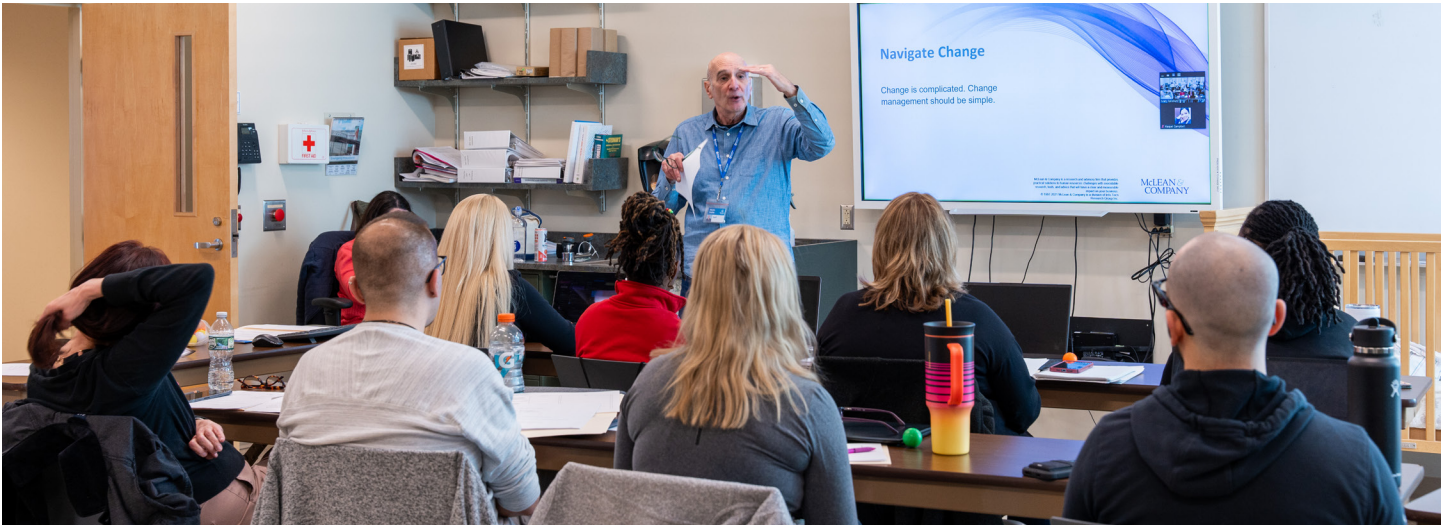
Whether a patient is under a severe amount of stress, experiencing a deep loss, or reacting poorly to their medications, it's your responsibility to deescalate the crisis by responding with compassion and providing actionable solutions. Your ability to connect with the patient and adjust treatment plans accordingly can make a huge difference in a person's recovery.



Provide mental health resources on a larger scale

A major part of being a PMHNP is implementing preventative care — raising awareness and decreasing the stigma around mental illness.

You'll prepare to provide community outreach services to individuals in need, and you may even get involved in mental health politics and legislation. The future of mental healthcare starts with you.



Earn your master's degree at Goodwin University



Flexible online schedules

Whether you're a working professional or taking care of your family, we understand that you're busy.

That's why, at Goodwin University, our PMHNP program is offered completely online apart from two on-campus Immersion Weekends and clinical practices. You'll connect with your peers in meaningful virtual discussions, so you'll never have to sacrifice the quality of your education for the convenience of online learning.



A hands-on learning experience

In our PMHNP program, you'll collaborate with other students to discuss real-world applications for your learning.

Our faculty will use relevant examples and nurture your critical thinking skills, so you'll graduate with the ability to apply what you've learned to real patient-care scenarios.



We put you first

At Goodwin University, we have a student-centered approach to learning.

Our expert faculty are dedicated to giving you the one-on-one attention you deserve, and we offer a wide variety of student resources such as counseling services, financial aid, and more. While you're earning your master's degree, we'll be there to support you every step of the way!



We focus on career readiness

Pursuing a master's degree is a pathway to a more fulfilling career with higher salary potential — that's why Goodwin University is committed to preparing you for success in your field.

Our curriculum is tailored to give you the skills and knowledge to address real-world health issues and make you a more marketable job candidate once you graduate.



Course format

You deserve a college that offers graduate level classes on your schedule. That's why we've designed our PMHNP program to be completed entirely online, with the exception of two on-campus Immersion Weekends and clinical practice.

Online courses include a combination of synchronous and asynchronous sessions, so your learning experience can be customized to fit your needs.



On-campus requirements

In-person clinical training is an essential part of becoming a PMHNP.

Our curriculum provides 600 hours of collaborative clinical training, so you can explore your passion before kickstarting your career. By fulfilling your clinical hours, you'll work alongside expert clinicians to address patients' diverse mental health needs and concerns — preparing you for a successful transition from classroom to career.



Synchronous learning sessions

Some courses in this program are offered in the form of online, face-to-face meetings with your classmates and faculty.

Participating in a synchronous learning session gives you the experience of an in-person class setting without the inconvenience of having to drive to campus.



Asynchronous courses

Our asynchronous courses are the perfect way to earn a master's degree while working around your busy schedule.

You'll work independently to complete your assignments and touch base with our faculty along the way to make sure you are getting the support you need.



Admission requirements

To learn more about applying to our PMHNP program, please visit [our website](#).

Curriculum

Check out our full APRN – Psychiatric Mental Health Nurse Practitioner curriculum [here!](#)



Tuition information for graduate students

Paying for graduate school doesn't have to be stressful — we make it easy to understand the costs of your education before classes even begin.

We are committed to helping you earn your degree at a cost that is affordable to you. At Goodwin, there are a variety of financial aid opportunities available to you, including scholarships, grants, and student loans that need to be repaid, and work-study opportunities that provide a regular paycheck.

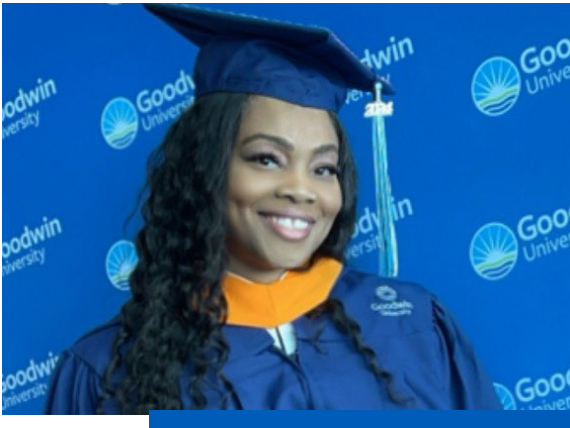
To learn more about tuition for our APRN — PMHNP program, visit [our website](#).

Student testimonials



Goodwin has been tremendous. Every faculty member that I've interacted with has been so supportive. Anything I've needed, they've helped me through it all... I think it's important for people to know that they are investing in their future. When you're investing in college, of course, you want a return. By choosing Goodwin, you're really getting that. I don't think I would have gotten the support I've received here anywhere else.

— *Holly DeVyder*



As a busy parent of three children, Goodwin allowed me to pursue my master's degree while also working full time. The online format is easy to use, and the faculty are compassionate and helpful.

— *Raquel Campbell*



As an adult student, I embraced education amid my busy life, juggling work, family, and other responsibilities while pursuing my academic goals. To Goodwin University, thank you for your unwavering support and understanding. The commitment to adult education, patience, and dedication have not gone unnoticed.

— *Marylís Mainaza*



Graduate student resources and support

At Goodwin University, we are invested in the continued success of our students. We believe that you deserve great support services and resources to help you achieve your goals!

Academic Resources

- [Academic Advising](#)
- [Admissions](#)
- [Financial Aid](#)
- [Registrar's Office](#)

Academic Support

- [Academic Success Center](#)
- [Library](#)
- [Tutoring](#)

College Experience

- [Clubs and Organizations](#)
- [Student Engagement](#)

Professional Development

- [Lifetime Career Services](#)

Personal Support Services

- [Ann B. Clark Co-op](#)
- [Counseling](#)
- [Disability and Access Services](#)



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Contact us today!

Call: 800-889-3282

goodwin.edu/pmhnp

The baccalaureate degree program in nursing (RN-to-BSN and ABSN) at Goodwin University is accredited by the [Commission on Collegiate Nursing Education \(CCNE\)](#), 655 K Street, NW, Suite 750, Washington, DC 20001, 202-887-6791. Goodwin University is a member of [SARA](#) and therefore can offer our RN-to-BSN program to residents of other SARA states.

o learn more about accreditation for our PMHNP program, [visit us online today](#).