

# What are office hours?

Office hours are dedicated time slots when faculty are available to meet with students. These sessions allow oneon-one or small-group interactions between you and faculty.

# Why should you attend faculty office hours?

Attending office hours can significantly enhance your learning experience through:

- In-depth discussions: Explore course topics more thoroughly than class time allows.
- Personalized support: Get individualized attention and guidance tailored to your needs.
- Assignment clarity: Ask questions about assignments to ensure you understand expectations.
- Success strategies: Receive personalized advice on how to excel in the course.
- Build relationships: Develop a stronger connection with faculty.

### How can attending office hours help you?

- Deeper understanding: Clarify complex concepts and fill gaps in your knowledge.
- Improved performance: Get help with challenging areas to boost your grades.
- **Skill development:** Enhance your critical thinking and problem-solving abilities through direct interaction with faculty.
- **Networking:** Build a professional relationship that could lead to future opportunities (e.g., recommendations).
- **Confidence boost:** Gain confidence in your understanding of the material and your ability to succeed in the course.

## Where can you find information on faculty office hours?

You can find information about office hours in several places:

- 1. Syllabus: Check the first page of course syllabi for posted office hours.
- 2. **Email faculty:** If you need help finding the information or need to schedule a different time, contact faculty directly via your Goodwin University email.
- 3. **Canvas announcements:** Faculty may post reminders or updates about office hours on the course's Canvas page.

#### Remember

Don't wait until you're struggling! Take a proactive approach to your learning by attending office hours regularly. Office hours are a valuable resource that can benefit you. Make the most of this opportunity to enhance your learning experience!