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**FOR IMMEDIATE RELEASE**

### **CALENDAR ANNOUNCEMENT**

#### **GOODWIN COLLEGE TO HOLD COMMUNITY HEALTH AND WELLNESS DAY**

Goodwin College is holding its Second Annual Community Health and Wellness Day on Wednesday, September 29, 2010, from 10:00 a.m. to 6:00 p.m. at its River Campus, One Riverside Drive, East Hartford, CT. The event provides an opportunity for people from the community and from Goodwin College to receive free information and demonstrations from local vendors and educators about healthy lifestyles, health care options, and alternative medicine — as well as to benefit from health screenings and enjoy samples of healthy foods. Funds raised at the event will support student scholarships through the Goodwin College Foundation. In addition, Goodwin College's Alumni Leadership Committee is sponsoring a bone marrow donor screening during the health fair. Also, collection areas will be set up to accept donations of hand sanitizer, alcohol wipes, adhesive bandages, paper towels, gauze sponges, ice packs, and printer ink cartridges for the school nurses' office in the schools where Goodwin College's nursing students complete their pediatric clinical experiences. The public is welcome to attend. Vendors interested in sponsoring a table may contact Dr. Vicky Navaroli at 860-528-4111 or at [vnavaroli@goodwin.edu](mailto:vnavaroli@goodwin.edu). Non-profit groups may reserve a table at no cost. For more information, visit [http://www.goodwin.edu/health\\_wellness](http://www.goodwin.edu/health_wellness).

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